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Lookism.net - Aesthetics, Red Pill, and Masculinity Discussion > Main > Looksmxing

## Jaw Surgery - Book Recommendations

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### Jaw Surgery - Book Recommendations

Thread Modes



11-06-2015, 12:26 AM

#1

#### The essential books and the only ones you need:

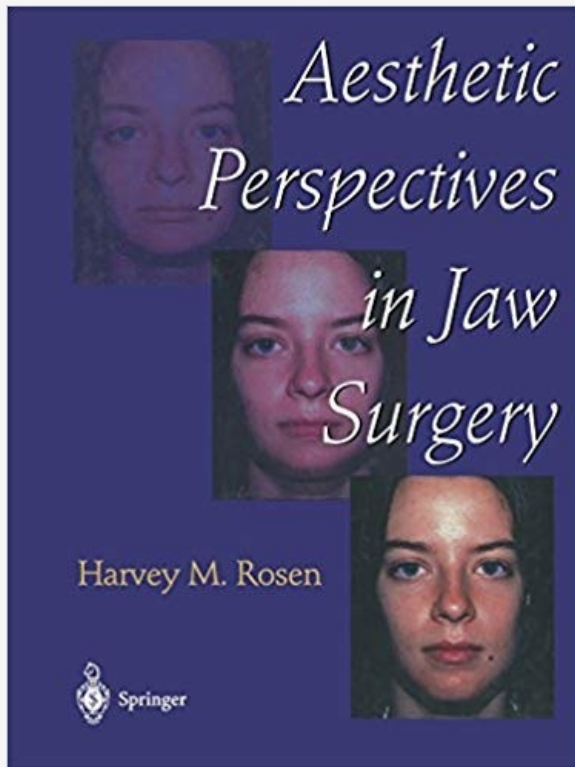
- [Aesthetic Perspectives in Jaw Surgery](#)

**JustTheWayYouAre**

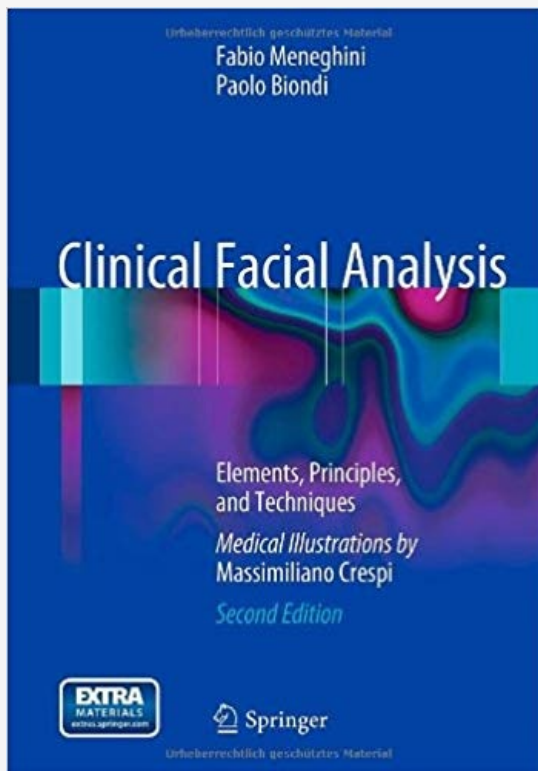
Mega Super Poster



Posts: 3,952  
 Threads: 242  
 Joined: Jun 2015  
 Reputation: **325**

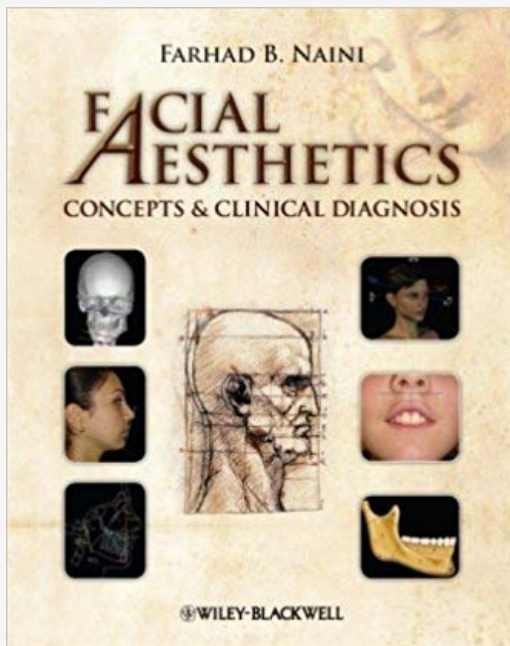


Slightly old and obscure publication emphasizing the unconventional philosophy. The author uses the cephalometrics and functional consideration only as a basic cue, but his approach is dictated by aesthetics. It is the reason he intentionally elongates faces or make them more protruding, because his philosophy is "standardized data are created on the basis of normal individuals, not the beautiful individuals".



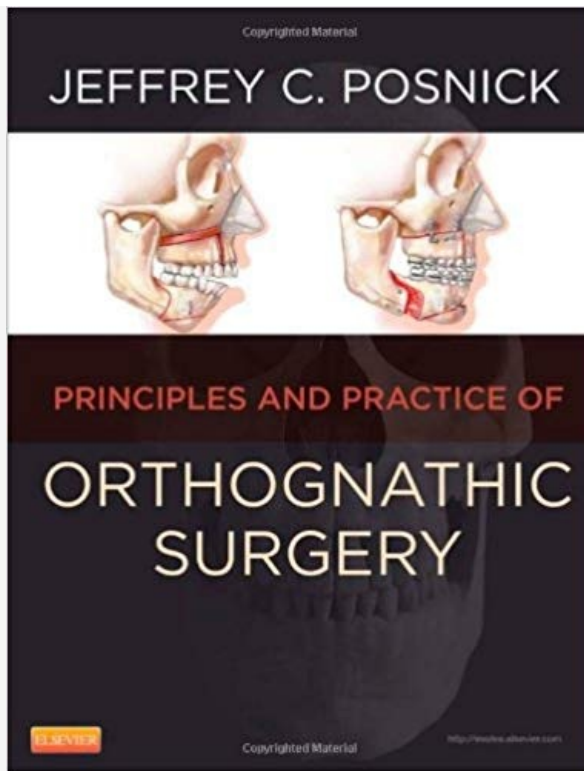
Possibly the one and only book covering the aspects of visual/soft tissue facial analysis with such vigor. Detailed illustrations and explanation, analyses of usual dentofacial deformities in relation to the soft tissue morphology, noses, chins, eyes, ears, etc. Very informative.

Facial Aesthetics - Concepts and Clinical Diagnosis



The best all-around book on facial aesthetics, attractiveness and dentofacial deformities, full of practical details, norms, measurements, scientific data, illustrations, etc. The universal "cookbook".

Orthognathic Surgery - 2 Volume Set - Principles and Practice

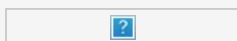
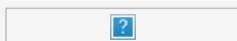


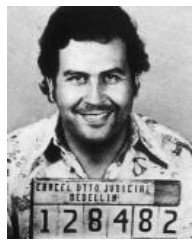
The bible of orthognathic surgery, almost 1900 pages, lots of pre/post surgery pics, comprehensive details about the major dentofacial deformities, clinical manifestation, treatment planning, risks, limitation, basically everything. The best book about orthognathic surgery to date.

A couple of other books worth mentioning:

- Essentials of Orthognathic Surgery (2nd Edition)
- Handbook of Orthognathic Treatment - A Team Approach
- Oral and Maxillofacial Surgery (3 Volume Set - 3rd Volume)
- Oral and Maxillofacial Surgery (2010)
- Textbook of Craniofacial Growth
- ...and many more

*(Most of these books are usually surgeon-friendly handbooks with lots of illustrations of the surgical techniques and some other details that are not applicable for the patient)*





**Jonjon**  
Banned

Posts: 402  
Threads: 8  
Joined: Oct 2015

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11-06-2015, 12:39 AM

#2

**JustTheWayYouAre Wrote:** →

(11-06-2015, 12:26 AM)

whats that one

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**JustTheWayYouAre**  
Mega Super Poster



Posts: 3,952  
Threads: 242  
Joined: Jun 2015  
Reputation: 325

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11-06-2015, 12:42 AM

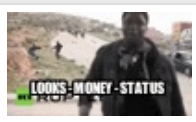
#3

@Jonjon

[Clinical Facial Analysis - Elements, Principles, and Techniques \(2nd Edition\)](#)



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**heilsa**  
Banned

Posts: 3,468  
Threads: 97  
Joined: Jun 2015

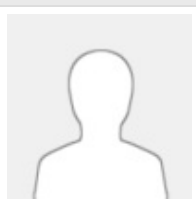
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11-06-2015, 12:43 AM

#4

whoever pmed where to download it for free - pls do it again. pm got deleted bc of server issues

Reply



Member



11-06-2015, 12:58 AM

#5

Where can you get these for free? I can imagine them being expensive.

Posts: 132  
Threads: 13  
Joined: Nov 2015  
Reputation: 0

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Reply



**JustTheWayYouAre** ●  
Mega Super Poster



Posts: 3,952  
Threads: 242  
Joined: Jun 2015  
Reputation: 325

Find

11-06-2015, 05:49 AM

#6

**Wrote:** →

(11-06-2015, 12:58 AM)

Where can you get these for free? I can imagine them being expensive.

Try some Russian e-book portals, you may be lucky.



Reply



**JustTheWayYouAre** ●  
Mega Super Poster



Posts: 3,952  
Threads: 242  
Joined: Jun 2015  
Reputation: 325

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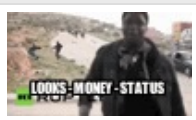
11-06-2015, 11:32 AM

#7

Bump.



Reply



**heilsa** ●  
Banned

Posts: 3,468  
Threads: 97  
Joined: Jun 2015

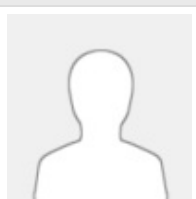
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11-07-2015, 06:24 PM

#8

bump

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**cumdumpster** ●  
Newbie

Posts: 7  
Threads: 0  
Joined: Nov 2015  
Reputation: 0

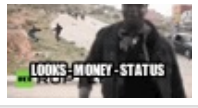
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11-22-2015, 04:05 AM

#9

Great fucking thread, why is not stickied? whats wrong with the mods

Reply



**heilsa**  
Banned

Posts: 3,468  
Threads: 97  
Joined: Jun 2015

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12-05-2015, 10:27 PM

#10

where to download it you faggots?

Reply



**JonKortajarena**  
Senior Member



Posts: 282  
Threads: 8  
Joined: Oct 2015  
Reputation: 0

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12-05-2015, 10:33 PM

#11

**heilsa Wrote:** →

(12-05-2015, 10:27 PM)

where to download it you faggots?

"Try some Russian e-book portals, you may be lucky"

Reply

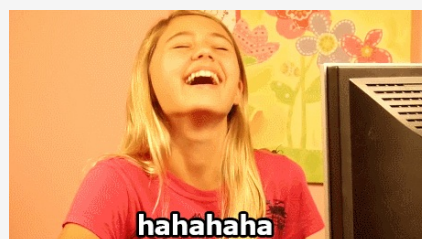
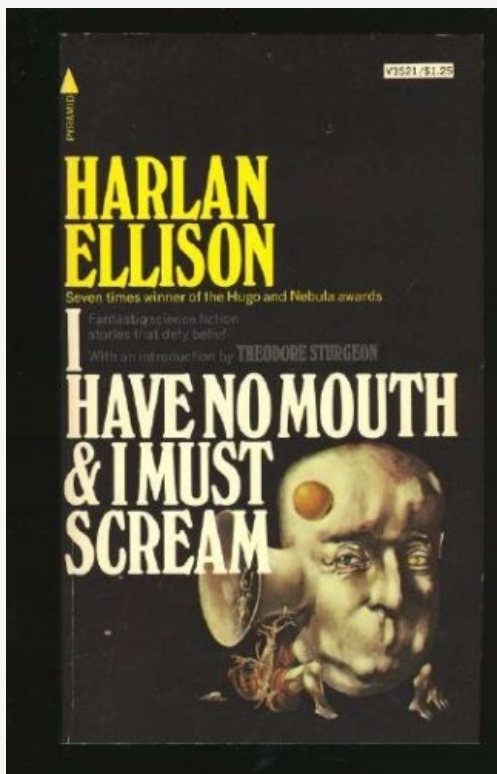
**Lia Marie Johnsons**  
**PeachyPussy**  
Newbie

Posts: 12  
Threads: 5  
Joined: Dec 2015  
Reputation: 0

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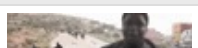
12-05-2015, 10:34 PM

#12



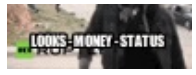
**hahahaha**  
RIP SadKuntVegeta

Reply



12-05-2015, 10:36 PM

#13



**heilsa** ●  
Banned

Posts: 3,468  
Threads: 97  
Joined: Jun 2015

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JonKortajarena Wrote: →

(12-05-2015, 10:33 PM)

heilsa Wrote: →

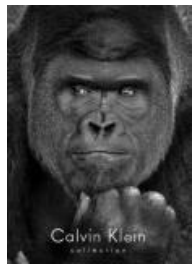
(12-05-2015, 10:27 PM)

where to download it you faggots?

"Try some Russian e-book portals, you may be lucky"



Reply



**Sociopath1983** ●  
Super Poster



Posts: 1,518  
Threads: 7  
Joined: Jun 2015  
Reputation: **66**

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12-05-2015, 10:42 PM

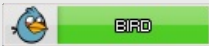
#14

great thread.

Reply



**paulus** ●  
Mega Super Poster



Posts: 2,860  
Threads: 52  
Joined: Dec 2015  
Reputation: **581**

01-25-2016, 10:48 AM

#15

Bump

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[Looksmaxing is a pipedream](#)  
[the bitter truth about lifting](#)  
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# ADRIANA: WOULD YOU EVER DATE A SHORT GUY?

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02-02-2016, 01:30 PM

#16

Bump.

**OccamsRazorBurn**

Super Poster



Posts: 1,513  
Threads: 7  
Joined: Aug 2015  
Reputation: **145**

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02-12-2016, 08:05 PM

#17

Anyone have any non-Russian sources for these in ebook format?

Also, would like to get my hands on **Atlas of Facial Implants** by Yaremchuk: <https://www.elsevier.com/books/atlas-of-...escription>

**OccamsRazorBurn**

Super Poster



Posts: 1,513  
Threads: 7  
Joined: Aug 2015  
Reputation: **145**

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02-12-2016, 08:07 PM

#18

LMAO at reading 100 books about this. At the end of the day you will have to trust someone to perform surgeries on you unless you plan to do lefort on yourself.

**My threads:**

Chin vertical length: stomion ratio

Lower third >>>>>> fwhr

Square chin is one the best features to have

Life savior for ectomorphs: medication to increase appetite and gain weight

Naltrexone cures pornography addiction

**rugby1233**

Super Poster



Posts: 1,358  
Threads: 220  
Joined: Jul 2015  
Reputation: **236**

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02-12-2016, 08:12 PM

#19

**rugby1233 Wrote:** →

(02-12-2016, 08:07 PM)

LMAO at reading 100 books about this. At the end of the day you will have to trust someone to perform surgeries on you unless you plan to do lefort on yourself.

**OccamsRazorBurn**

Super Poster

Of course you will. But, being able to better advocate for yourself gives you better odds of acceptable results.





Posts: 1,513  
Threads: 7  
Joined: Aug 2015  
Reputation: **145**

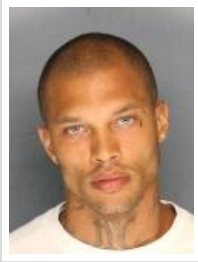
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Let's not forget that surgeons are far more likely to recommend procedures that they themselves can perform, even if the patient would be better served by getting a procedure done by another provider.

Reply

02-12-2016, 08:16 PM

#20



**rugby1233**  
Super Poster



Posts: 1,358  
Threads: 220  
Joined: Jul 2015  
Reputation: **236**

Find

**OccamsRazorBurn Wrote:** →

(02-12-2016, 08:12 PM)

**rugby1233 Wrote:** →

(02-12-2016, 08:07 PM)

LMAO at reading 100 books about this. At the end of the day you will have to trust someone to perform surgeries on you unless you plan to do lefort on yourself.

Of course you will. But, being able to better advocate for yourself gives you better odds of acceptable results. Let's not forget that surgeons are far more likely to recommend procedures that they themselves can perform, even if the patient would be better served by getting a procedure done by another provider.

There is a value in somewhat educating yourself, but I don't think it's worth to put massive effort into it. If you don't have cash for surgeries, then that's where your priorities should lie.

That's also why you get multiple consults with different people.

**My threads:**

- Chin vertical length: stiomion ratio
- Lower third >>>>>> fwhr
- Square chin is one the best features to have
- Life savior for ectomorphs: medication to increase appetite and gain weight
- Naltrexone cures pornography addiction

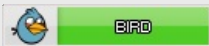
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02-12-2016, 08:21 PM

#21



**paulus**  
Mega Super Poster



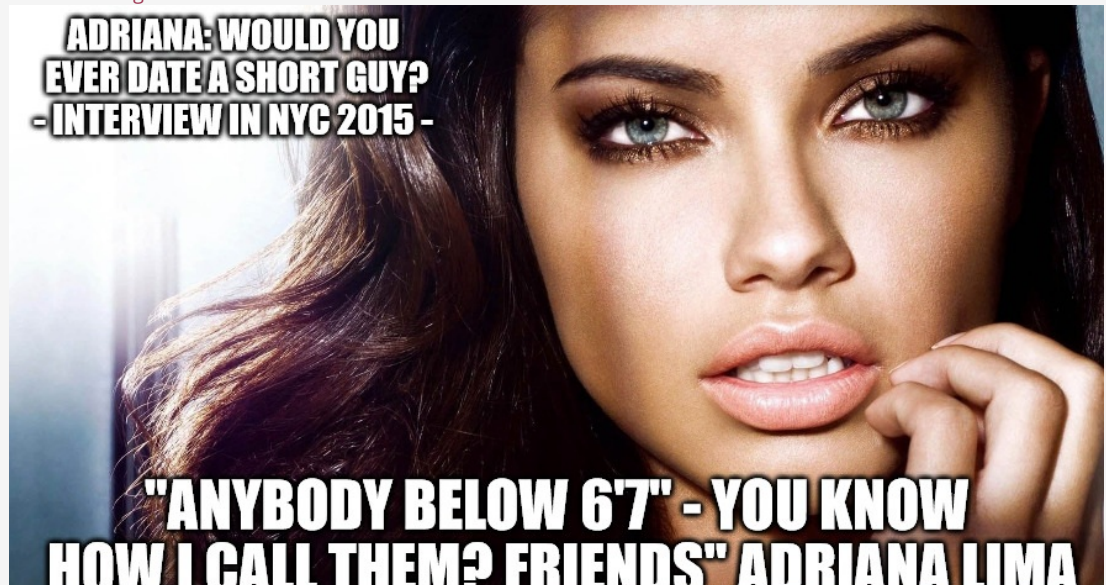
Posts: 2,860  
Threads: 52  
Joined: Dec 2015  
Reputation: **581**

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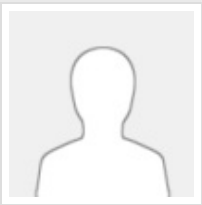
Pls transfer this in the aesthetic/aka looksmxing section @elm

Click me:

- download book about facial aesthetics for free
- Looksmxing is a pipedream
- the bitter truth about lifting
- why vitamin d is important
- how to get rid of nasolabial folds
- ...and other legit threads



Reply



**whywoulditmatter** ●

Mega Super Poster



Posts: 2,720  
Threads: 358  
Joined: Dec 2015  
Reputation: **146**



02-12-2016, 08:24 PM

#22

Just lol. Even with jaw surgery ppl still look like shit

Jaw Implants or death



**JustTheWayYouAre** ●

Mega Super Poster



Posts: 3,952  
Threads: 242  
Joined: Jun 2015  
Reputation: **325**



02-12-2016, 08:29 PM

#23

**whywoulditmatter Wrote:** →

(02-12-2016, 08:24 PM)

Just lol. Even with jaw surgery ppl still look like shit

Jaw Implants or death

Jaw surgery should only be reserved for the appropriate candidates.



**rugby1233** ●

Super Poster



Posts: 1,358  
Threads: 220  
Joined: Jul 2015  
Reputation: **236**



02-12-2016, 08:48 PM

#24

**OccamsRazorBurn Wrote:** →

(02-12-2016, 08:05 PM)

Anyone have any non-Russian sources for these in ebook format?

Also, would like to get my hands on **Atlas of Facial Implants** by Yaremchuk: <https://www.elsevier.com/books/atlas-of-facial-implants/yaremchuk/978-1-4160-0267-3#description>

Interested in this as well. You can order it, make photo copy (244 pages) and then return it.

**My threads:**

- Chin vertical length: stomion ratio
- Lower third >>>>>> fwhr
- Square chin is one the best features to have
- Life savior for ectomorphs: medication to increase appetite and gain weight
- Naltrexone cures pornography addiction



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